

Appreciating Individuality

INSTRUCTIONS: *This worksheet provides three optional teacher led activities for Prep to Year 2 students. Please choose the most suitable activity for your class.*

Activity 1:

Resources required: a mirror for each pair

Group students into pairs and provide each pair with a mirror. Ask students to compare their appearance with their partner in terms of their:

- Hair: colour, length, type (i.e. straight or curly)
- Eyes: colour, shape
- Skin: colour, texture, markings
- Size: height, weight
- Clothes

Ask students to remember one thing about each other that is the same and two things about each other that are different. Ask pairs to share their responses with the class.

Activity 2:

Resources required: whiteboard and markers

As a class, record the similarities and differences of classmates regarding a range of attributes, such as their favourite food. Ask a student what their favourite food is? They may respond “Pizza”. Ask if pizza is anyone else’s favourite food? Record the number. What is someone else’s favourite food? Record other results.

Other attributes may include:

- Appearance features, such as recording hair, eye and/or skin colour.
- Favourite colour
- Something they do well
- Favourite hobbies or sports
- Pets

Note: This activity could be linked to a mathematics lesson.

Activity 3:

Resources required: nil

Place students in small groups of 3 – 4. Ask them to find two things that all group members have in common and two things about them that are different. Share responses with the class.

Conclusion of all activities:

Conclude each activity by highlighting that there are lots of things about us that are the same and lots of things about us that are different. There is nobody on this planet who is exactly like us, so it’s very important that we take care of ourself and realise how special we are. Being different is what makes us special!