

Early Warning Signs

PART B:

Resources required: Large sheet of butcher's paper, coloured markers

Instructions:

Draw the outline of a student on butcher's paper. Invite students to suggest early warning signs that either they had in an earlier activity (Part A) or that they think someone may have when they don't feel safe.

Draw, or ask students to draw, the early warning signs on the body outline until all ideas are exhausted and the body is covered. Provide suggestions and assistance as needed.

Thank students for their contribution and congratulate them for coming up with a range of great early warning signs.

Remind students that we all have different early warning signs that tell us we don't feel safe. You might share how your body tells you when you're feeling scared or unsafe.

If time allows, ask students to volunteer which early warning signs *they* have when they feel scared or unsafe.