



## My body belongs to me QUIZ

Q1: *My body belongs to me. Your body belongs to you. What does this mean?*

- I need to l \_ \_ \_ after my b \_ \_ \_ .
- No one is a \_ \_ \_ \_ \_ to t \_ \_ \_ my b \_ \_ \_ , or hug or kiss me, unless I say so.
- I need to r \_ \_ \_ \_ \_ other people's choices about their b \_ \_ \_ \_ .

Q2: *What are the names of private parts for*

a) girls: m \_ \_ \_ , v \_ \_ \_ , v \_ \_ \_ ,  
n \_ \_ \_ , b \_ \_ \_ .

b) boys: m \_ \_ \_ , p \_ \_ \_ , t \_ \_ \_ \_ \_ ,  
n \_ \_ \_ \_ , b \_ \_ \_ \_ .

Q3: *What are the rules about our private parts?*

- No one is a \_ \_ \_ \_ \_ to t \_ \_ \_ or l \_ \_ \_ at my p \_ \_ \_ \_ p \_ \_ \_ .
- No one is a \_ \_ \_ \_ \_ to make me t \_ \_ \_ or l \_ \_ \_ at their p \_ \_ \_ \_ p \_ \_ \_ .

- No one is allowed to s \_ \_ \_ me rude p \_ \_ \_ \_ \_ \_ \_ or take p \_ \_ \_ \_ \_ of my p \_ \_ \_ \_ \_ p \_ \_ \_ \_ .
- My m \_ \_ \_ \_ is a special p \_ \_ \_ \_ \_ p \_ \_ \_ .  
No one is allowed to stick anything y \_ \_ \_ \_ in my mouth.

Q4: *What are they two types of secrets and how do they generally make us feel?*

1. s \_ \_ \_ : .....
2. u \_ \_ \_ \_ : .....

Q5: *What is the rule about unsafe secrets?*

We must never k \_ \_ \_ u \_ \_ \_ \_ \_ s \_ \_ \_ \_ \_ .

If someone tells me to keep an u \_ \_ \_ \_ \_ s \_ \_ \_ \_ \_

I need to t \_ \_ \_ an a \_ \_ \_ \_ I t \_ \_ \_ \_ straight away.

Q6: *What are the three steps we need to take if someone breaks the rules about our private parts?*

1. ....
2. ....
3. ....



Q7: *What is another way we can say “NO!” if someone is breaking the rules about our private parts?*

S \_ \_ \_ it's not a \_ \_ \_ \_ \_ !

Q8: *Where do we need to go to in the ‘GO’ step?*

To a s \_ \_ \_ p \_ \_ \_ \_

Q9: *Who should we ‘Tell’?*

A t \_ \_ \_ \_ \_ a \_ \_ \_ \_ \_

Q10: *What happens if they don't listen to us or believe us?*

We need to t \_ \_ \_ another t \_ \_ \_ \_ \_ a \_ \_ \_ \_ .

Q11: *When should we stop telling adults we trust about what happened?*

When we feel s \_ \_ \_ again and get the h \_ \_ \_ we need to solve our p \_ \_ \_ \_ \_ .

## My body belongs to me QUIZ ANSWERS

**Q1: My body belongs to me. Your body belongs to you. What does this mean?**

- I need to *look* after my *body*.
- No one is *allowed* to *touch* my *body*, or hug or kiss me, unless I say so.
- I need to *respect* other people's choices about their *bodies*.

**Q2: What are the names of private parts for**

**a) girls:** mouth, vagina, vulva, nipples, bottom

**b) boys:** mouth, penis, testicles, nipples, bottom

**Q3: What are the rules about our private parts?**

- No one is *allowed* to *touch* or *look* at my *private parts*.
- No one is *allowed* to make me *touch* or *look* at their *private parts*.
- No one is allowed to *show* me rude *pictures* or take *photos* of my *private parts*.
- My *mouth* is a special *private part*. No one is allowed to stick anything *yucky* in my mouth.

**Q4: What are the two types of secrets and how do they generally make us feel?**

1. *safe*: happy, excited
2. *unsafe*: scared, worried, sad or confused

**Q5: What is the rule about unsafe secrets?**

We must never *keep unsafe secrets*.

If someone tells me to keep an *unsafe secret* I need to *tell an adult I trust* straight away.

**Q6: What are the three steps we need to take if someone breaks the rules about our private parts?**

NO! GO, TELL

**Q7: What is another way we can say, "NO!" if someone is breaking the rules about our private parts?**

*STOP*, it's not *allowed*!

**Q8: Where do we need to go to in the 'GO' step?**

To a *safe place*

**Q9: Who should we 'Tell'?**

A *trusted adult*

**Q10: What happens if they don't listen to us or believe us?**

We need to *tell* another *trusted adult*

**Q11: When should we stop telling adults we trust about what happened?**

When we feel *safe* again and get the *help* we need to solve our *problem*.