

'My body belongs to me' SCENARIOS

- A. Harry's Grandma often comes to visit. She loves to squeeze Harry's cheeks and give him a big, sloppy kiss. Harry hates Grandma's kisses. He knows that Grandma is coming over for a visit tomorrow. What should he do?
- B. Alex really enjoys playing with her friend Jenny. She often goes to Jenny's house to play after school. Sometimes Jenny's older brother, Mark, plays with them. One day Mark and Alex were playing in the backyard tree house. Mark reached under Alex's skirt and touched her vagina. What should Alex do?
- C. Bernadette regularly babysits Louise and Tom when their parents have to work late or if they go out to dinner. One night after Louise went to bed, Bernadette let Tom stay up past his bedtime. She asked Tom to play a game where they would both take off their clothes, but told Tom he would have to keep their game a secret. What should Tom do?
- D. Nicola loves visiting her grandparents and sometimes stays overnight. One night when she was having a sleepover, Grandad came into her bedroom to say goodnight. While Grandad was giving Nicola a goodnight cuddle he started to rub her nipples and told her that it was their little secret. Grandad also told Nicola he would take her to McDonald's the next day if she promised not to tell. What should Nicola do?

Note: Please change names if any students share the names of children in the scenarios.

For scenario A:

Discuss what Harry could do prior to Grandma's visit such as sharing his feelings with a parent/carer. Discuss alternatives for kissing or hugging people, such as shaking hands, Hi-5, or a friendly verbal exchange.

For scenarios B – D:

As you discuss each scenario, use the NO! GO, TELL response including:

NO: What words and actions will the child use to say NO! Role play this response.

GO: Where is the safe place the child will go?

Will they need to break a rule to get away?

TELL: Who will the child tell?

What words could they use? Role play this response too.

What would they do if the person they were telling didn't listen to them or believe them?

Discuss the rules about unsafe secrets.