

People I Would Talk To *Word Find*

By talking with someone if we're feeling sad, angry, scared, or confused, or if we have a problem we can get their advice, support and help, and often feel a *lot* better.

Instructions: Find the personal qualities of someone we might talk with and some of the people who might have these qualities.

D	A	D	B	E	S	T	F	R	I	E	N	D	S	P	A	R	E	N	T
Z	Y	R	E	F	O	P	K	E	D	R	E	T	T	I	S	Y	B	A	B
M	U	I	F	Q	M	B	O	V	T	P	A	T	I	E	N	T	K	R	N
W	G	Y	R	R	E	L	A	T	I	V	E	R	H	G	I	Z	I	T	K
L	O	Q	I	T	O	Z	J	S	S	F	I	U	X	N	T	W	D	R	P
S	O	M	E	O	N	E	W	H	O	R	E	S	P	E	C	T	S	M	E
J	D	I	N	H	E	B	F	Z	M	Q	L	T	K	S	W	P	H	A	K
A	L	N	D	T	W	P	N	K	E	I	Y	W	R	X	E	M	E	J	I
H	I	I	L	G	H	A	K	L	O	R	C	O	A	C	H	V	L	P	L
L	S	S	Y	D	O	B	V	I	N	U	Y	R	T	E	O	F	P	A	I
U	T	T	X	C	B	N	M	A	E	S	V	T	B	D	E	R	L	S	E
F	E	E	T	S	E	M	D	D	I	E	L	H	L	B	P	I	I	G	N
P	N	R	D	L	L	N	Y	O	R	L	I	Y	T	M	R	E	N	N	O
L	E	M	A	K	I	E	S	P	E	M	A	W	A	N	I	N	E	I	E
E	R	T	T	K	E	O	P	T	S	U	K	B	E	B	N	D	A	L	M
H	R	G	H	Y	V	U	C	A	P	K	O	I	L	T	C	S	S	B	O
T	E	A	C	H	E	R	A	C	E	L	L	O	V	E	I	E	R	I	S
M	E	U	Y	O	S	M	Q	O	C	A	R	I	N	G	P	I	T	S	Y
N	S	X	V	B	M	U	M	P	T	Y	E	W	Q	S	A	V	I	P	K
D	Z	C	F	J	E	R	U	O	B	H	G	I	E	N	L	L	U	R	V

Personal qualities:

Patient

Helpful

Good listener

Friendly

Caring

Trustworthy

Someone who believes me

Someone I respect

Someone who respects me

Available

Kind

Someone I like

People who may have these qualities:

Mum

Dad

Relative

Teacher

Principal

Best friend's parent

Coach

Minister/Pastor

Neighbour

Adopt-a-Cop

Babysitter

Kids Helpline (1800 55 1800)

Friends*

Siblings*

(*You may also need an adult's help to solve the problem)