

'People I Would Talk To' Boggle Activity

By talking with someone if we're feeling sad, angry, scared, or confused, or if we have a problem we can get their advice, support and help, and often feel a *lot* better.

Instructions: In groups of 3 – 5, list ten personal qualities of someone we might talk with. One point is awarded per attribute that is exclusive to your group. If two or more groups list the same attribute, no points are awarded. The group with the greatest number of exclusively listed attributes wins!

1. _____

2. _____

3. _____

4. _____

5. _____

6. _____

7. _____

8. _____

9. _____

10. _____