


# MY BODY BELONGS TO ME



My body, my say!

**What I do with my body and who touches me is my choice**

**It is NOT okay for anyone to:**

- touch or look at my private parts
- make me touch or look at their private parts
- show me rude pictures or take photos of my private parts

**If this happens I need to say NO!, GO to a safe place and TELL an adult I trust.**

**I need to keep on telling until I get the help I need.**

